

St. Joseph's School Maharajganj

Summer Holiday Homework

Class -XII {Commerce}

Economics

1. **Reading:-** Chapter 1 and Chapter 2 from NCERT.
2. **Practice:-** Numerical concerned to Income and expenditure methods of National Income Estimation. ((10 Numerical on each concept))
3. **Writing :-** Numerical solved along with basic concepts of National Income Aggregates.

Business Studies

Lab Manual topic, scientific Management.

Accountancy

Interest on Drawing, calculation, conditions along with examples and a chart showing valuation of time for finding interest (Month, quarter etc.)

English

Prepare the Author's Directory for the text book, VISTAS and FLAMINGO.

1. whereabouts of the writer
2. Works and years of publication
3. Awards won
4. Birth and Death

Minimum one FULL PAGE content for each writer.

No text should be identical with anybody else's'

Physical Education

1. Activity-Based Question:

Prepare a Personal Fitness Plan

Design a 3-week fitness plan for yourself based on your current fitness level. Include exercises for flexibility, strength, endurance, and balance. Track your weekly progress and attach photos or a video (optional) as evidence of your practice.

2. Assignment-Based Question:

Research and Write an Article on: "Importance of Yoga in Daily Life"

Include the following points:

1. Definition and origin of Yoga
2. Benefits of Yoga for physical and mental health
3. Role of Yoga in managing stress and improving concentration
4. Conclusion with your personal opinion or experience with Yoga.