

**SCIENCE**

**PHYSICS**

**Chapter 1: Motion**

Objective: To reinforce the understanding of motion, types of motion, and equations of motion.

Instructions:

- - Complete all questions in a separate notebook.
- - Use diagrams wherever necessary.

**Section A: Conceptual Understanding**

1. Define the following:
  - Distance and Displacement
  - Speed and Velocity
  - Acceleration
2. Differentiate between:
  - Uniform and non-uniform motion (with examples)
  - Distance vs Displacement (with a diagram)

**Section B: Numerical Practice**

1. A car travels 30 km with a speed of 60 km/h and the next 20 km with a speed of 40 km/h. Find the average speed.
2. A body starts from rest and accelerates uniformly at  $2 \text{ m/s}^2$ . Find the distance covered in 5 seconds.
3. A train is moving with a velocity of 72 km/h. It is brought to rest by applying brakes and comes to rest in 10 seconds. Find the acceleration and distance travelled during this time.

**Section C: Diagram & Graph**

1. Draw and label the distance-time graph for:
  - Uniform motion
  - Non-uniform motion
  - A body at rest
2. Plot a velocity-time graph for a body accelerating uniformly and use the graph to find distance covered.

**Section D: Project Work**

Make a small project/model or write a 2-page report on:

- "Applications of Motion in Daily Life"
- (Use pictures, cut-outs or real-life examples)

**Biology**

1. To write chapter 1 Activity 5 from your Ashoka book ( to prove the occurrence of osmosis through cell membrane of an egg.)
2. Write(on A4 page ) and learn to different type of plant and animal tissue.

**Chemistry**

**Chapter 1: Matter in Our Surroundings**

Instructions:7

- All questions are to be attempted in a separate notebook.
- Draw diagrams wherever necessary.
- Use your creativity for presentation.

**A. Conceptual Questions**

1. Define matter. List its physical states with examples.

2. Explain the characteristics of particles of matter.
  3. Differentiate between solids, liquids, and gases on the basis of:
    - a) Shape
    - b) Volume
    - c) Compressibility
  4. What is diffusion? Give two examples from daily life.
  5. Describe the interconversion of states of matter with suitable diagrams.
- B. Activity-based Work**
1. Prepare a chart showing "States of Matter" and their properties.

Or

2. Perform the following at home (under adult supervision) and write observations:
  - a) Dissolving salt/sugar in water – explain diffusion.
  - b) Boiling water and noting temperature when it starts boiling.

**C. HOTS (Higher Order Thinking Skills)**

1. Why does a gas fill the entire volume of the container?
2. Why do we feel cool when sweat evaporates from our skin?

**D. Project Work**

Prepare a mini-project (4–5 pages) on "Applications of Changes in States of Matter in Real Life" with pictures and examples.

**E-** write experiment -1.2 in lab manual

## HINDI

- प्रश्न-1— उपसर्ग तथा प्रत्यय की परिभाषा एवं भेद को परिभाषा और 5-5 उदाहरण के साथ लिखकर याद कीजिए।
- प्रश्न-2— दो बैलों की कथा साखियां और शब्द इस जल प्रलय में प्रयुक्त होने वाले कठिन शब्दों का अर्थ लिखकर याद कीजिए।
- प्रश्न-3— विलोम शब्द, पर्यायवाची शब्द, अनेकार्थी शब्द, एवं पाठ में पड़े गए मुहावरों के अर्थ याद कीजिए।
- प्रश्न-4— अवकाश के दिनों में किए गए अपने किसी एक यात्रा का वर्णन 500 शब्दों में कीजिए।

## S.ST

- 1- Submit a project on "DISASTER MANAGEMENT"
- 2- Learn 20 Indian rivers, 28 states, their capitals & chief ministers' name.
- 3- Learn question answers of these chapters:
  - a) The French revolution
  - b) The story of village Palampur
  - c) Democracy in the contemporary World
  - d) India size and location
  - e) In the map of India fill the capital of following states-  
Gujarat, Maharashtra, Telangana, Kerala, Bihar, Assam, Karnataka.

## INFORMATION TECHNOLOGY

1. **Advantages & Disadvantages of Verbal, Non-verbal & Visual Communication**
  - *Activity:* Make a 3-column chart showing pros and cons of each type with real-life examples.
2. **Factors Affecting Self-Confidence**
  - *Activity:* Write a short essay (150–200 words) or make a poster showing what increases or decreases confidence. Add pictures or examples.
3. **Self-Management, Grooming, and Self-Confidence**
  - *Activity:* Create a small notebook with definitions and 2–3 tips for each topic. Add a weekly habit tracker and decorate it with quotes or drawings.



## ENGLISH GRAMMAR

1. Write a diary everyday-
  - What you did?
  - Write about the food you tasted and prepared.
  - Events and celebration
2. Newspaper Reading:
  - Daily read newspaper and underline the difficult words.
  - Find meaning of the Vocabulary.
  - Write two (2) vocabularies with meaning and sentences.
  - Try and use them to speak out.
3. Write a summary:
  - Read any Novels, Poems you like.

Write a summary about the Novel, Poem you read, based on what you understand. (Only in English)

## ENGLISH LITERATURE

1. Write a short paragraph about all the authors from 1<sup>st</sup> to 3<sup>rd</sup> Units of Beehive.
2. Read at least one English newspaper daily.
3. Find out poetic devices from first five poems from Beehive.
4. Learn 5 new English words daily from newspapers, books, or your surroundings and make a list of them with examples.

## MATHEMATICS

1. Learn the definitions of following Natural number
  - a. Whole number
  - b. Integers
  - c. Rational number
  - d. Irrational number
  - e. Terminating decimal number
  - f. Non terminating but repeating decimal number
  - g. Non terminating and non-repeating decimal number
2. Learn the following identities
  - a.  $(a+b)^2=a^2+2ab+b^2$
  - b.  $(a-b)^2=a^2-2ab+b^2$
  - c.  $a^2-b^2=(a+b)(a-b)$
  - d.  $(x+a)(x+b) = x^2 + (a+b)x + ab$
  - e.  $(x+y+z)^2=x^2+y^2+z^2+ 2xy+2yz+2zx$
  - f.  $(x+y)^3=x^3+ y^3+3xy(x+y)$
  - g.  $(x-y)^3=x^3-y^3-3xy(x-y)$
  - h.  $x^3+y^3=(x+y)(x^2-xy+y^2)$
  - i.  $x^3-y^3=(x-y)(x^2+xy+y^2)$
3. Represent  $\sqrt{(8.47)}$  on the real line.
4. Show that the square root of 2 is an irrational number.
5. Factorize:
  - a.  $x^2+11x+30$
  - b.  $30x^2+7x-15$
  - c.  $9x^2+18x+8$
6. Compute the value of  $9x^2 + 4y^2$  if  $xy=6$  and  $3x+2y=12$ .
7. Calculate the perimeter of a rectangle whose area is  $25x^2 - 35x + 12$ .
8. Find the value of  $x^3 + y^3 + z^3 - 3xyz$  if  $x^2+y^2+z^2=83$  and  $x+y+z=15$